Regular Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | 1Spaghetti and Meat SauceBroccoliSauteed Summer SquashTangerineWhole Grain Roll with butterMilk*Veg: Spaghetti with Cheese* | 22 Oven Fried Chicken LegsWhole Grain Biscuit with butterMashed sweet potatoes4-way vegetable mixWatermelonMilk*Veg. Vegan Nuggets* | 3Hamburger Patty with Lettuce, Tomato, OnionKetchup, Mustard, MayoWhole Grain BunBaked beansCheesy BroccoliBlueberry cobblerMilk*Veg: Veggie Burger with Lettuce, Tomato, and Onion* | A red sign with white text  AI-generated content may be incorrect.4 |
| 7Chicken Tikka MasalaBasmati RiceSauteed SpinachGinger CauliflowerMandarin Orange Milk*Veg: Chickpea marsala* | 8Meatloaf with GravyCornbread BroccoliScalloped PotatoesBananaMilk*Veg : Vegan Beef Strips*  | 9Chicken Spinach Alfredo Bake Whole Grain Biscuit with ButterRoasted beets Italian VegetablesStrawberries Milk*Veg: Chix strips* | 10Oven Roasted HaddockWhole Grain Quinoa Dinner Roll with ButterBaked BeansKaleCherriesMilk*Veg: Vegan Fish Patty*  | 11Vegetarian Lasagna Garlic Bread Broccoli and CauliflowerCannellini bean TangerineMilk*Veg: Same* |
| 14Chinese Style Vegetables with Teriyaki Salmon Brown RiceSautéed Spinach Edamame Orange Wedges Milk*Veg: Teriyaki Tofu* | 152 Oven Fried Chicken LegsWhole Grain Corn Muffin with ButterKale Creole Style Black Eyed Peas Cherry CobblerMilk*Veg: Chicks Strips* | 16Cheesy Italian Rice and Meatball Whole Grain Roll with ButterSautéed SquashCorn Watermelon Milk*Veg: soy meatballs and added bean* | 17Chicken in Orange SauceWhole Grain RiceStir Fry Vegetables CauliflowerBerriesMilk*Veg: chix strips in orange sauce* | 18Macaroni and CheeseVegetarian Baked BeansCucumber Salad Stewed Tomatoes Grapes Milk*Veg: Same* |

Regular Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 21Korean Beef Jasmine Rice Whole Grain Roll with butterGarlic Seasoned Green BeansMango Milk*Veg: Korean Soy Beef over Whole Grain Rice* | 22Salisbury Steak with mushroom gravyWhole Grain Roll with Butter Smashed Red PotatoesCatalina Vegetables ClementineMilk *Veg: vegetarian patty* | 23Teriyaki ChickenWhole Grain Asian noodleEdamamePearsCarrotsMilk*Veg: Chicken Strips Veg* | 24Grilled Pollock Fish with Tartar SauceWhole Grain Roll Sweet potatoSteamed garlic KaleBananaMilk*Veg Vegan Fish Patty* | 25Ground Turkey Spanish Rice String CheeseBlack beansPeach CobblerMilk*Veg: black beans Spanish rice* |
| 28Chicken Carnitas Sorghum Burrito BowlPita Bread Elotes PearsMilk*Veg Bean Sorghum Burrito Bowl* | 29Cod FiletWhole Grain Noodles with butterCreamed Spinach CarrotsOrangesMilk *Veg: Vegan Fish* | A red sign with white text  AI-generated content may be incorrect.30 | 31Turkey Burger with Lettuce, Tomato, OnionKetchup, Mustard, MayoWhole Grain BunSnap PeasZucchiniPineappleMilk*Veg: Veggie Burger with Lettuce, Tomato, and Onion* |  |

Chef Salad Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | 1Turkey SliceMild Cheddar CheeseSliced EggWhole Grain Corn muffinMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsTropical FruitMilk | 2Chicken StripsMonterey CheeseWhole Grain Corn BreadMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton PearsMilk | 3Turky SliceMild Cheddar CheeseSliced EggWhole Grain Sliced BreadMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsMix FruitMilk | A red sign with white text  AI-generated content may be incorrect.4 |
| 7Diced ChickenMonterey CheeseSliced EggWhole Grain Dinner rollMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton PeachMilk | 8Turkey SliceMild Cheddar CheeseSliced EggWhole Grain Corn muffinMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsTropical FruitMilk | 9Chicken StripsMonterey CheeseWhole Grain Corn BreadMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton PearsMilk | 10Turky SliceMild Cheddar CheeseSliced EggWhole Grain Sliced BreadMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsMix FruitMilk | 11Diced ChickenMonterey CheeseSliced EggWhole Grain Dinner rollMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton Mandarin OrangesMilk |
| 14Diced ChickenMonterey CheeseSliced EggWhole Grain Dinner rollMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton PeachMilk  | 15Turkey SliceMild Cheddar CheeseSliced EggWhole Grain Corn muffinMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsTropical FruitMilk | 16Chicken StripsMonterey CheeseWhole Grain Corn BreadMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton PearsMilk | 17Turky SliceMild Cheddar CheeseSliced EggWhole Grain Sliced BreadMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsMix FruitMilk | 18Diced ChickenMonterey CheeseSliced EggWhole Grain Dinner rollMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton Mandarin OrangesMilk |

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| 28Diced ChickenMonterey CheeseSliced EggWhole Grain Dinner rollMix Salad with DressingCherry TomatoSliced CucumberStrips Wonton PeachMilk  | 29Turkey SliceMild Cheddar CheeseSliced EggWhole Grain Corn muffinMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsTropical FruitMilk | A red sign with white text  AI-generated content may be incorrect.30 | 31Turky SliceMild Cheddar CheeseSliced EggWhole Grain Sliced BreadMix Salad with DressingCherry TomatoSliced CucumberGarlic Herb CrotonsMix FruitMilk |  |

Fruit Salad Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | 1Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain blueberry muffinMilk | 2Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 3Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain Apple muffin Milk | A red sign with white text  AI-generated content may be incorrect.4 |
| 7Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 8Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain blueberry muffinMilk | 9Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 10Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain Apple muffin Milk | 11Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Blueberry Muffin Milk |
| 14Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 15Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain blueberry muffinMilk | 16Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 17Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain Apple muffin Milk | 18Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Blueberry Muffin Milk |
| 21Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 22Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain blueberry muffinMilk | 23Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 24Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain Apple muffin Milk | 25Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Blueberry Muffin Milk |
| 28Greek Yogurt String CheeseCup Assorted fresh FruitWhole Grain Cream Cheese Stuffed mini bagel Milk | 29Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain blueberry muffinMilk | A red sign with white text  AI-generated content may be incorrect.30 | 31Cottage Cheese String CheeseCup Assorted fresh Fruit (Diced)Whole Grain Apple muffin Milk |  |